



# AGENDA REQUEST FORM

## THE SCHOOL BOARD OF BROWARD COUNTY, FLORIDA

<b>MEETING DATE</b>	2018-06-12 10:05 - School Board Operational Meeting
<b>AGENDA ITEM</b>	ITEMS
<b>CATEGORY</b>	E. OFFICE OF STRATEGY & OPERATIONS
<b>DEPARTMENT</b>	Procurement & Warehousing Services

<b>Special Order Request</b> <input type="radio"/> Yes <input checked="" type="radio"/> No
<b>Time</b>
<b>Open Agenda</b> <input type="radio"/> Yes <input checked="" type="radio"/> No

**ITEM No.:**  
E-3.

**TITLE:**  
Recommendation to Approve First Amendment - 58-044B - "Cook for Kids" Nutrition and Wellness Education Program Agreement

**REQUESTED ACTION:**  
Approve the First Amendment for the above Agreement - 58-044B - "Cook for Kids" Nutrition and Wellness Education Program. Contract Term: August 9, 2017 through June 30, 2019, 1 Year; 11 Months; User Department: Food & Nutrition Services; Award Amount: None; Awarded Vendor(s): Wellness in the Schools, Inc.; Small/Minority/Women Enterprise Vendor(s): None.

**SUMMARY EXPLANATION AND BACKGROUND:**  
Approve the First Amendment to the Agreement. The current Agreement expires on June 30, 2018; therefore, this request is presented to amend the term of the current Agreement for one (1) additional year. Through this Agreement, Wellness in the Schools, Inc., will provide two (2) schools with a "Cook for Kids" program and other related initiatives to promote good nutrition and wellness at the District's schools.  
The amendment to the agreement has been reviewed and approved as to form and legal content by the Office of the General Counsel.

**SCHOOL BOARD GOALS:**  
 Goal 1: High Quality Instruction  Goal 2: Continuous Improvement  Goal 3: Effective Communication

**FINANCIAL IMPACT:**  
There is no financial impact to the District.

**EXHIBITS: (List)**  
(1) Executive Summary (2) First Amendment Agreement (3) Approved ARF 8-8-2017 SBOM E-5 (4) Broward Accomplishments 2017-2018

**BOARD ACTION:**  
**APPROVED**  
(For Official School Board Records Office Only)

**SOURCE OF ADDITIONAL INFORMATION:**

Name: Mary Mulder	Phone: 754-321-0215
Name: Mary C. Coker	Phone: 754-321-0501

**THE SCHOOL BOARD OF BROWARD COUNTY, FLORIDA**  
**Senior Leader & Title**  
Maurice L. Woods - Chief Strategy & Operations Officer

Approved In Open Board Meeting On: **JUN 12 2018**  
By: *Nora Ruper*  
School Board Chair

Signature  
*Maurice Woods*  
5/25/2018, 9:54:40 AM

## EXECUTIVE SUMMARY

### **Recommendation to Approve First Amendment to Agreement 58-044B – “Cook for Kids” Nutrition and Wellness Education Program Agreement**

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The Florida Department of Agriculture (FLDOA) identified and funded the “Wellness in the School” (WITS) initiative during the 2015/2016 school year. At that time, two Title I schools were selected to pilot the program based on their proximity to the Miami-Dade County line (Miami-Dade was also asked to participate in the program). The location parameter provided for ease of travel for FLDOA and WITS staff. Food & Nutrition Services staff contacted principals utilizing this criterion, explaining, and presenting the opportunity to participate in the pilot. The first two (2) schools responding positively to the opportunity were identified and forwarded to FLDOA: McNicol Middle and Watkins Elementary Schools.

In June 2016, FLDOA contacted Food & Nutrition Services to inform that FLDOA could only continue to fund the program if the pilot program, moving forward, was open to all sponsors. FLDOA made the decision to shift funding to other programs and WITS was no longer funded by FLDOA for the 2016/2017 school year.

WITS secured private funds to continue the efforts in the identified pilot schools for the 2016/2017 school year and also for the 2017/2018 school year. The School Board approved the WITS agreement on February 22, 2017, with the program implementation in March of 2017.

The School Board of Broward County, Florida (SBBC), approved the agreement between WITS and SBBC on August 8, 2017, for an eleven (11) month term from August 9, 2017 through June 30, 2018. Through this Agreement, WITS provides a “Cook for Kids” and other related programs that include nutrition and wellness education at the schools at no cost to the District.

WITS secured private funds to continue the efforts in the identified pilot schools for the 2018/2019 school year.

A WITS chef/wellness professional works in the school for a minimum of twenty-five (25) hours per week to facilitate initiatives such as:

1. Culinary training to cafeteria personnel to enhance visibility and presentation of healthy menu choices.
2. Introduce new menu items at the school.
3. Offer nutrition and wellness education to connect students with healthy food choices.
4. Partnerships with chefs and local restaurants in support of the program with food tastings, cooking classes, and events.

The Principals at McNicol Middle and Watkins Elementary were contacted regarding the opportunity to provide continuity of the program and reported positive responses to continue hosting the programs for the 2018/2019 school year.

Food & Nutrition Services is requesting School Board approval to continue with the program at McNicol Middle and Watkins Elementary Schools for the 2018/2019 school year.

**FIRST AMENDMENT TO  
FOOD SERVICE AGREEMENT**

THIS AGREEMENT (the "Agreement") is made and entered into as of this 12<sup>th</sup> day of June, by and between:

**THE SCHOOL BOARD OF BROWARD COUNTY, FLORIDA**  
(hereinafter referred to as "SBBC"),  
a body corporate and political subdivision of the State of Florida,  
whose principal place of business is  
600 Southeast Third Avenue, Fort Lauderdale, Florida 33301

and

**WELLNESS IN THE SCHOOLS, INC.**  
(hereinafter referred to as "WITS"),  
whose principal place of business is  
31 W. 125<sup>th</sup> Street, 5<sup>th</sup> Floor  
New York, NY 10027

**WHEREAS**, SBBC and WITS entered into an Agreement dated August 8<sup>th</sup>, 2017 (hereinafter referred to as "Agreement"); under Contract Number 58-044B, Wellness in the Schools, Inc., for the purpose of operating its Cook for Kids and related wellness programs as fully described in Exhibit A incorporated herein.

**WHEREAS**, the Parties mutually desire to amend certain provisions of the Agreement.

**NOW, THEREFORE**, in consideration of the premises and of the mutual covenants contained herein and other good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, the parties hereby agree as follows:

**ARTICLE 1 - RECITALS**

1.01 **Recitals**. The parties agree that the foregoing recitals are true and correct and that such recitals are incorporated herein by reference.

1.02. **Term of Agreement**. The Agreement is hereby extended from July 1, 2018 through June 30, 2019, unless terminated earlier pursuant to Section 3.05 of the Agreement.

1.03. **Order of Precedence Among Agreement Documents**. In the event of a conflict between documents, the following priority of documents shall govern.

First: First Amendment to the Agreement, then  
Second: Agreement

1.04. **Other Provisions Remain in Force.** Except as expressly provided herein, all other portions of the Agreement and First Amendment to Agreement remain in full force and effect.

1.05. **Authority.** Each person signing this First Amendment to Agreement on behalf of either party individually warrants that he or she has full legal power to execute this First Amendment to Agreement on behalf of the party for whom he or she is signing, and to bind and obligate such party with respect to all provisions contained in this First Amendment to Agreement.

**IN WITNESS WHEREOF**, the parties hereto have made and executed this Agreement on the date first above written.

**FOR SBBC**



(Corporate Seal)

THE SCHOOL BOARD OF BROWARD  
COUNTY, FLORIDA

By: Nora Rupert  
Nora Rupert, Chair

ATTEST:

Robert W. Runcie  
Robert W. Runcie, Superintendent of Schools

Approved as to Form and Legal Content:

**Janette M. Smith**

Digitally signed by Janette M.

Smith

Date: 2018.04.24 14:49:13

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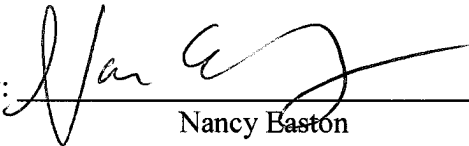
Office of the General Counsel

**FOR WITS**

(Corporate Seal)

WELLNESS IN THE SCHOOLS, INC.

ATTEST:

By:   
Nancy Easton

\_\_\_\_\_  
, Secretary

-or-

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Witness

**The Following Notarization is Required for Every Agreement Without Regard to Whether the Party Chose to Use a Secretary's Attestation or Two (2) Witnesses.**

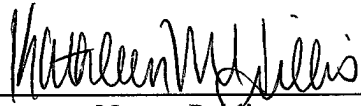
STATE OF New York  
COUNTY OF New York

The foregoing instrument was acknowledged before me this 12<sup>th</sup> day of April, 2018 by Nancy Easton of \_\_\_\_\_  
Name of Person

Wellness In The Schools, on behalf of the corporation/agency.  
Name of Corporation or Agency

He/She is personally known to me or produced New York State Drivers License as identification and did/did not first take an oath. Type of Identification

My Commission Expires:

  
Signature – Notary Public

Kathleen M. Hillis  
Printed Name of Notary

(SEAL)

01HI6239834  
Notary's Commission No.

Exp Date: 04/25/2019

## EXHIBIT A

### SCOPE OF PROGRAM

1. **Agreement of WITS.** Upon the terms and subject to the conditions hereof, WITS agrees that, for the duration of this Agreement, and subject in all respects to having obtained all payments then-owed by the School under this Agreement, it shall:

a. Implement the Program at the School and work with the School's Wellness Committee (as defined below) in an attempt to improve the School's lunch experience in both food and physical activity;

b. In implementing the Program, provide one (1) chef/wellness professional who is an employee of WITS (a "**WITS Professional**") who shall work in the school for a minimum of twenty-five (25) hours per week during the Term and shall work with any other WITS Personnel; provided that the twenty-five (25) hours per week requirement does not apply if School is not operating or is operating with limited hours during any given week; and

c. Through a WITS Professional, facilitate the following initiatives, using WITS' s best efforts:

i. Obtain the support of the School's Wellness Committee;

ii. Offer culinary training to cafeteria personnel employed at the School, in an attempt to enhance the visibility and presentation of healthy menu choices and introduce new menu items at the School;

iii. Offer nutrition and wellness education at the School, in an attempt to connect students with healthy food choices offered in the cafeteria in the School;

iv. Partner with a local restaurant/chef to support the Program with tastings, cooking classes and events on mutually acceptable terms with the Wellness Committee;

v. WITS may provide additional wellness activities to the School from and after approval of this agreement, which may include, without limitation, a WITS Cafe Day with a local chef, WITS culinary and/or nutrition classes, and WITS FIT BITS (fitness breaks), each on mutually acceptable terms with the Wellness Committee; and

vi. Liaise with and provide support to parents, students, and staff of the School, in an attempt to help the School obtain an optimal experience in WITS's implementation of the Program.

2. **Agreement of the School.** Upon the terms and subject to the conditions hereof, the School agrees that, for the duration of this Agreement, it shall:

a. Create upon approval of this agreement, and maintain, a school-based wellness committee that meets each month during each of the academic school year, is given express authority by the School to undertake the actions or provide direction to School personnel

to undertake the actions or actions relating to such actions described herein or otherwise agreed to by the Parties, and shall consist of parents of current students who attend the School, School staff and administration and current students who attend the School, as appropriate (the “**Wellness Committee**”);

b. Designate a liaison on the Wellness Committee who shall be responsible for working closely with the WITS Professional and for scheduling, organizing and presiding over monthly Wellness Committee meetings with parents, students, and other interested members of the School community; and

c. Use its best efforts to commit to, and to make, the School a healthier place for its students to nourish their minds and bodies, including without limitation provide WITS with the resources, such as sufficient facilities and School personnel, if available, that WITS requests in order to successfully implement the Program.



# AGENDA REQUEST FORM

THE SCHOOL BOARD OF BROWARD COUNTY, FLORIDA

<b>MEETING DATE</b>	2017-08-08 10:05 - School Board Operational Meeting
<b>AGENDA ITEM</b>	ITEMS
<b>CATEGORY</b>	E. OFFICE OF STRATEGY & OPERATIONS
<b>DEPARTMENT</b>	Procurement & Warehousing Services

<b>Special Order Request</b>	
<input type="radio"/> Yes	<input checked="" type="radio"/> No
<b>Time</b>	
<b>Open Agenda</b>	
<input type="radio"/> Yes	<input checked="" type="radio"/> No

**ITEM No.:**  
E-5.

**TITLE:**  
Recommendation to Approve Agreement - 58-044B - "Cook for Kids" Nutrition and Wellness Education Program Agreement

**REQUESTED ACTION:**  
Approve the Agreement between Wellness in the Schools, Inc., and The School Board of Broward County, Florida. Contract Term: August 9, 2017 through June 30, 2018, 10 Months; User Department: Food & Nutrition Services; Award Amount: None; Awarded Vendor(s): Wellness in the Schools, Inc.; Minority/Women Enterprise Vendor(s): None.

**SUMMARY EXPLANATION AND BACKGROUND:**  
This request is to approve agreement 58-044B for the "Cook for Kids" Nutrition and Wellness in the Schools, Inc., Program. Through this Agreement, Wellness in the Schools, Inc., will provide two (2) schools with a "Cook for Kids" program and other related initiatives to promote good nutrition and wellness at the District's schools.  
This Agreement has been reviewed and approved as to form and legal content by the Office of the General Counsel.

**SCHOOL BOARD GOALS:**  
 Goal 1: High Quality Instruction   
 Goal 2: Continuous Improvement   
 Goal 3: Effective Communication

**FINANCIAL IMPACT:**  
There is no financial impact to the District.

**EXHIBITS: (List)**  
(1) Executive Summary (2) Agreement (3) Wellness in the Schools Accomplishments

**BOARD ACTION:**  
**APPROVED**  
(For Official School Board Records Office Only)

**SOURCE OF ADDITIONAL INFORMATION:**

Name: Mary Mulder	Phone: 754-321-0215
Name: Mary C. Coker	Phone: 754-321-0501

**THE SCHOOL BOARD OF BROWARD COUNTY, FLORIDA**  
**Senior Leader & Title**

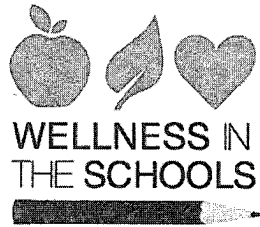
Maurice L. Woods - Chief Strategy & Operations Officer

Signature  
Maurice Woods  
7/26/2017, 2:36:45 PM

Approved In Open Board Meeting On: \_\_\_\_\_

By: Abby M. Freedman  
School Board Chair



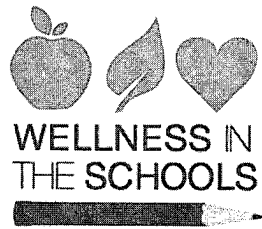


## Wellness in the Schools (WITS) Accomplishments in Broward County 2017-2018

WITS Chefs work with schools and partner with school counties to teach scratch cooked recipes, train school staff, and provide nutrition education to students. This was our second year working in Broward County. WITS Chef Leonor was in both McNicol Middle School and Watkins Elementary School modeling our Tier 2 Program for the schools. This means that she was in each school 2-3 days a week. Our daily goal is for students to return to class after lunch ready to focus and learn. Our long-term goal is to teach children healthy habits that will last a lifetime.

- **Chefs Move to Broward:** Each month, from October 2017- May 2018, a local South Florida Celebrity Chef introduced one of their recipes to the Broward School Cafeteria. Tastings were conducted where the WITS chefs would prepare the dish, Celebrity Chef would pass out samples, during the students scheduled lunch time, and discussion with the chef would take place with the microphone.
  - **Due to the success of these tastings, we will be conducting CookCamps this summer to train 7-10 Broward County Schools on how to implement these on the School Lunch Line Starting Fall 2018.**
    - **October:** Chef Michael Schwartz from Harry's Pizzeria served his Kale Pizza
    - **November:** Chef Clarke Bowen, Boulud Sud, served his Black bean and plantain quesadilla
    - **December:** Nancy Easton and WITS Chef Leonor demo'd the vegetarian chili at the 2017 Broward Food Show.
    - **January:** WITS Chefs passed out samples of Scratch Made Salad Dressings
    - **February:** Chef Aria Kagan, from the Food Network, served her Pesto Panini
    - **March:** Chef Julie Frans, from the Wynwood Yard served Roasted Vegetables
    - **April: No CM2B**
    - **May:** Whole Foods Market will be serving their Pesto Pasta with Tomatoes.
- Chef Leonor taught 4 **WITS Labs** (seasonal culinary and nutrition education classes for students) at both schools.
  - 1) **Applesauce**
  - 2) **Vegetarian Chili**
  - 3) **Braised Carrots**

*Wellness in the Schools teaches kids healthy habits to learn and live better.*



- 4) **Salad Greens Lab** (Lemon Honey & Fresh dressings with greens and a healthy yogurt dip with fresh strawberries).

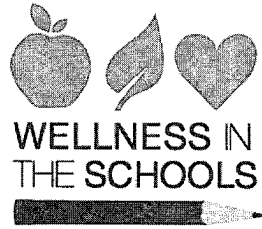
In the Labs, students prepare simple, affordable, and healthy recipes. At each school we teach about 500 students per lab throughout the course of a week. The lessons introduce students to the importance of healthy eating and seasonal ingredients, inspiring them to share their newly acquired knowledge with their families. The students get to participate hands on in the classes where they learn nutrition facts, knife skills and safety, how to read food labels, what their food looks like before being processed and where it comes from geographically, and team building skills. The teachers love these lessons as they tie into their math and science curriculum like using ratios when measuring and the chemical bond of emulsification when making dressings. Most importantly the students leave with the knowledge and power to re-create these recipes at home. Programs like these have been shown to positively influence children's food preferences and behaviors, according to recent studies. Chef Leonor is constantly being stopped in the halls and told by students how they have made these recipes at home with great results.

- This year we also taught 3 **WITS BITS** lessons. These are simple 20-minute classroom lessons that use hands-on demonstrations to emphasize basic nutrition concepts.
  - 1) **My Plate:** (To teach students the components of a balanced meal, and the importance of each component)
  - 2) **Brown Bag Challenge:** (To help students become more confident in reading ingredients and nutrition labels in order to help them make better choices; and to help students become cognizant of processed vs. fresh foods.
  - 3) **Vegetable ID:** To get students excited about vegetables.

#### **Other accomplishments:**

- **Family Fitness Fun Nights at both schools-** During Family Fitness Fun Night (FFFN), up 200 student's and family members participate in exciting fitness classes led by local WITS Fitness Partners (e.g. yoga, Zumba, and soccer). Complete with a complimentary healthy dinner of wraps and salads. FFFNs provide an opportunity for the entire family to come together in a fun and festive atmosphere. Both schools have requested more fitness nights next year.
  - This year at **Watkins Elementary** we had a record breaking attendance of over 200 people!

***Wellness in the Schools** teaches kids healthy habits to learn and live better.*



- **Track Tuesdays at McNicol-** Chef Leonor noticed a large group of students sitting in the media center each morning before school eating junk food. She decided to create an exercise program and each Wednesday morning, she and about 80 students began walking the track to get moving before class begun. The feedback has been amazing and both the students and teachers are now involved.
  - This has been taking place for two years now and the school has taken hold of the morning walk. This is a great example of creating sustainability.
  - Due to the start of this, Leonor has been able to build a successful Wellness Committee at McNicol. There is not a Wellness Committee Meeting at McNicol consisting of about 5-6 teachers who meet on a regular basis to promote wellness activities.
- **McNicol Tower Gardens** - Chef Leonor partnered with Mr. Torres and applied to a Whole Kids Foundation Grant. This year, with the help of the grant, Chef Leonor & Mr. Torres launched 4 tower gardens to grow produce in the classroom!
  - Leonor was able to come to visit classrooms from time to time to conduct salad tastings with homemade salad dressings.
- **Painting at Watkins!** - Wellness in the Schools strives to become a part of the school culture throughout its course. If help is needed somewhere besides the Cafeteria, we try to help! A group of 15 volunteers were brought in to help paint the School Library in March.

*Wellness in the Schools teaches kids healthy habits to learn and live better.*